



**Odyssey Community School - Shalene Hill - (828) 279-3916 - [s.hill@infantswim.com](mailto:s.hill@infantswim.com)**

**Infant Swimming Resource Lessons (6months-6years):**

- Taught at the **Odyssey Community School Pool** June 5th through August 19th
- Self-rescue lessons
- Children 6 months to 1 year learn to roll back into a float to rest and breathe
- Children 1 year to 6 years old learn to swim with face in the water, roll back into a float to rest and breathe, then swim again. The swim-float-swim sequence is repeated until your child can get her or himself to safety.
- **Lessons take place 5 days per week until skills are attained (typically 6 weeks)**
- 10 minute slots between between 11:30am and noon, and 3-3:30pm
- **\$105 registration fee through Infant Swimming Resource**
- **\$75/week member lesson fee**
- **\$90/week non-member lesson fee**
- Refresher lessons (for previous students) will take 2-4 weeks to complete

**Fuzzy Caterpillar Private Lessons:**

- **Odyssey Community School Pool** June 5th through August 19th
- These lessons are designed to address roadblocks to swimming success.
- Shalene uses methods and techniques taken from the Swim Angelfish model of swim instruction to address roadblocks to swimming success such as fears and anxieties associated with attaining swim skills.
- Shalene incorporates music and storytelling to ease fears and help children feel more secure.
- These lessons are an excellent introduction to swim skills. Continued lessons with ISR is recommended after comfort in the water is achieved.
- **\$45/half hour** weekday availability (Mon 11am and 2pm; Tues 2pm and 3:30pm; Wed 11am; Thurs 11am and 3:30pm)

**Fuzzy Caterpillar Semi-Private Lessons:**

- 3 students per lesson
- 8 week sessions - 2 extra weeks scheduled to avoid having to schedule make up lessons.
- These lessons can be the most effective because each child gets one one one time with Shalene and can learn from their friends.
- 8 week session - 2 extra weeks scheduled to avoid having to schedule make up lessons.
- **\$150 per session** Mon or Fri 1:30pm; Tues or Thurs 4pm available

**Fuzzy Caterpillar Group Lessons:**

**Odyssey Community School Pool** June through August

- 8 week sessions - 2 extra weeks scheduled to avoid having to schedule make up lessons.
- Class is limited to 6 children with their grown ups.
- **\$100 per child for the session** Tues/Thurs 4:30 available

**Fun Team with Shalene**

Come practice your swimming, floating and have fun with Shalene and her team of fun seekers.

**Where:** Odyssey Community Pool

**When:** Wednesdays and Fridays June 5 - August 19, 2017 - 4:30pm-5:30pm

**Requirements:** Swimmers must be able to swim independently with face in the water and float independently to join fun team.

**Cost:** \$10 drop in or \$150 for the summer

Showcase of skills will be on Wednesday 8/16 and Friday 8/18 during fun team time.